



# INOVA™ ORTHOPAEDICS AND SPORTS MEDICINE

## *New Patient History Form*

### *Patient Label*

Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Age \_\_\_\_\_ Ht \_\_\_\_\_ Wt \_\_\_\_\_ Occupation \_\_\_\_\_

Are You?      Right Handed? Left Handed?

**CHIEF ORTHOPEDIC COMPLAINT** Explain why you are here, include body part, symptoms, etc...

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Date of Onset or Injury** \_\_\_\_\_

**Did this injury occur at work?**      Yes      No

**Past Treatment for this injury (Include all dates, physicians and treatments)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **PAST MEDICAL HISTORY**

What illnesses and conditions are you currently under treatment for or have been in the past? (eg. Heart disease, diabetes, blood pressure)

Diabetes \_\_\_\_\_ High Blood Pressure \_\_\_\_\_

Asthma \_\_\_\_\_ Cancer \_\_\_\_\_

Heart Trouble \_\_\_\_\_ Blood Disease \_\_\_\_\_

Kidney Trouble \_\_\_\_\_ Lung \_\_\_\_\_

Liver Trouble \_\_\_\_\_ Psychiatric Disease \_\_\_\_\_

High Blood Pressure \_\_\_\_\_ Sickle Cell Anemia \_\_\_\_\_

Other \_\_\_\_\_

PATIENT LABEL

**PREVIOUS HOSPITALIZATIONS (not including operations)**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**PREVIOUS OPERATIONS**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**CURRENT MEDICATIONS** List all the medications you are now taking, including aspirin, pain meds, hormones, nerve, sleeping pills, vitamins, and over the counter meds.

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_

**ALLERGIES** Please list medications/drugs that you are allergic to and your reaction.

- 1. \_\_\_\_\_ 4. \_\_\_\_\_
- 2. \_\_\_\_\_ 5. \_\_\_\_\_
- 3. \_\_\_\_\_ 6. \_\_\_\_\_

Do you smoke? Yes No Cigarettes Cigar Pipe

Do you chew tobacco/dip? Yes No

Amount per day?

# of Years:

Have you quit?

Yes No If so, how long?

Do you drink alcohol? Yes No How often?

Recreational drugs? Yes No Type/Frequency

PATIENT LABEL

**FAMILY HEALTH**

Have any blood relatives ever had any of the following? If so, indicate their relationship to you. (e.g. Diabetes – maternal grandmother)

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**REVIEW OF SYSTEMS:** Please circle any health problems in the following areas.

<p style="text-align: center;"><b>HEART</b></p> Coronary Artery Disease Hypertension High Cholesterol Heart Murmur Heart Failure Heart Attack Other	<p style="text-align: center;"><b>MUSCULOSKELETAL</b></p> Osteoarthritis Osteoporosis Chronic Muscle Pain Swollen Joints RA Fibromyalgia Other	<p style="text-align: center;"><b>RESPIRATORY</b></p> Asthma Emphysema Sleep Apnea Shortness of Breath Other	<p style="text-align: center;"><b>ENDOCRINE</b></p> Thyroid Disease Diabetes Excessive Weight Loss Excessive Weight Gain Other
<p style="text-align: center;"><b>NEURO</b></p> Numbness Seizure Disorder Tremors    Stroke Other	<p style="text-align: center;"><b>VASCULAR</b></p> Phlebitis Clotting / Bleeding Easy Bruising Anemia Other	<p style="text-align: center;"><b>HEENT</b></p> Blurry Vision Hearing Loss Pain with Swallowing Other	<p style="text-align: center;"><b>URINARY</b></p> Burning Blood in Urine Frequency Other
<p style="text-align: center;"><b>SKIN</b></p> Rash    Psoriasis Lesions    Moles Other	<p style="text-align: center;"><b>GASTROINTESTINAL</b></p> Reflux    Peptic Ulcer Hepatitis    Gallstones Other	<p style="text-align: center;"><b>PSYCHIATRIC</b></p> Anxiety Depression Schizophrenia ADHD Other	<p style="text-align: center;"><b>GENERAL</b></p> Cancer Fever Night sweats TB Chills Other _____
<p style="text-align: center;"><b>GENTALS / BREAST</b></p> Tumor    Erectile Dysfunction    Large Prostate Menopause    Breast Cancer Other complaints:			
Is there any chance that you may be pregnant?    Yes    No    N/A			
<p><i><b>PHYSICIAN USE ONLY</b> All Systems Normal</i></p>			

Name of your primary care or family doctor? \_\_\_\_\_

Who referred you to this office? \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date:    /    /